

Birding in Cambodia | 14 Days



Cambodia's history is marked with periods of peace and of great calamity. From its early cities to the introduction of Hinduism and Buddhism, the great kingdom of Angkor, colonialism, and the Khmer Rouge. These days Cambodia is an open, safe and very friendly country that is easily accessible to the outside world, with its turbulent and tragic revolutionary period already decades in the past. This little-known and seldom-visited country, characterised by ancient temples, mighty rivers and remote forests, plays host to some avian delights which are nowhere else found so easily. Ancient Cambodians lived, very much as many of them still do today, in houses on stilts, existing on a diet of fish and rice.

In the recent time, Cambodia boasts one of the world's great "bucket list" destinations, the extraordinary temple complex of Angkor Wat. Yet some isolated pockets of forest may offer some of the best opportunities for wildlife spotting in South East Asia. It is home to about 16 globally endangered species and 2 critically endangered species. The forests here support a number of rare and endangered species, including the tiger, Asian elephant, sun bear, gibbon, clouded leopard, dholes, wild water buffalo and the gaur. It is estimated that over 450 bird species live in the canopy. The rivers provide habitat to the Irrawaddy dolphin and humpback dolphin, as well as the rare Siamese crocodile, and at least 34 amphibian species, 3 of which are newly discovered.

While exploring the most 'wild' and biodiverse region in all of Cambodia there is possibilities spotting numerous exciting birds, such as rare Milky Stork which is fast-vanishing species!, Greater

Adjutant Stork, the near-endemic Giant and White-shouldered Ibises, the rare White-winged Duck, White-rumped Falcon, the near-endemic Chestnut-headed Partridge, the endemic the increasingly rare and hard-to-see Bengal Florican, Pale-capped Pigeon, Spotted Wood Owl, Banded Kingfisher, Black-headed and Pale-headed Woodpeckers, Blue Pitta, the near-endemic Mekong Wagtail, the rare endemic Bare-faced Bulbul, the endemic Cambodian Tailorbird, the rare Manchurian (or White-browed) Reed Warbler, the now very range-restricted Chinese Grassbird, Jerdon's Bush Chat and more. A mammal highlight will be Black-shanked Douc Langur in Keo Seima Wildlife Sanctuary along with Northern Pig-tailed and Long-tailed Macaque and Yellow-cheeked Crested Gibbon. Seima is home to the largest population of Black-Shanked Douc Langur. A non-birding highlight will surely be a visit to the wonder of the world "the amazing temples of Angkor Wat"!

In this tour we see some of the world's rarest birds and mammals and also have the opportunity to visit some of the greatest surviving architectural monuments in Asia—the temples of the ancient city of Angkor. They represent the heart and soul of Cambodia, harking back to an era of unrivaled influence when the Khmer Empire ruled over south China, Vietnam, Thailand, Burma, and Malaysia. Built at the height of the Khmer civilization, from the eighth to the twelfth centuries. The Angkor complex is known for its extraordinary artistry, and we'll allow ample time to explore and reflect on these architectural masterpieces, many of which have excellent birding on-site.

Trip Highlights

- Visiting some of the greatest surviving architectural monuments in Asia—the temples of the ancient city of Angkor, the UNESCO World Heritage Site Angkor Wat
- Exploring the Tonle Sap, the Great Lake to spot Rare Milky Stork which is fast-vanishing species and Greater Adjutant Stork
- The Giant Ibis, one of South-East Asia's most threatened and iconic birds and White-shouldered Ibis at Tmat Boey
- Visiting Bengal Florican Conservation Area, one of the most important breeding grounds

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for Bengal Florican, which is critically endangered

- Exploring UNESCO World Heritage, the archaeological site of **Sambor Prei Kuk**, “the temple in the richness of the forest” and looking for Streak-eared Bulbul, Asian-barred Owlet, Common Flameback, Oriental Pied Hornbill, Forest Wagtail
- Watching Irrawaddy Dolphins Mekong Wagtails in Mekong River
- The call of the yellow-cheeked crested gibbon and black-shanked douc langur, Semi-evergreen forest
- Exploring the flood plain & rice fields rediscovering Cambodian Tailorbird & other rare Grassland species.

Detailed Itinerary

Day 1: Arrive in Siem Reap

Welcome to Cambodia! Upon arrival in Siem Reap a travel-to-nature Asia guide/representative will be at the airport to greet and take us to our hotel. Please look out for your name-card once you exit out of arrival area.

We will then experience the best of the city excursion. This afternoon tour offers the ideal introduction to Siem Reap, complete with city highlights & hidden gems. An opportunity to see Siem Reap like the REAPERS.

We will explore major attractions such as the Theme's Gallery, Royal Residence & Holy Shrine and we will visit SATCHA workshops, built exclusively with Cambodian bamboo from Kampong Cham from traditional know-how with contemporary design inspired by Khmer ornaments, host 50+ artisans and 15 different know-hows: Carving stone, wood, bamboo, and leather. Weaving rattan, seagrass, water hyacinth, silk, cotton. Painting and lacquer, Jewelry and Silver plating.

We will grab our last chance with authentic half-day opportunities to explore Siem Reap attractions beyond the temples, birds & wildlife.

Accommodation: The Aviary Hotel

Day 2: Siem Reap (Angkor Wat Birding Tour)

Today we will begin our exploration early in the morning. Our guide will pick us up from the hotel and straight to Angkor Wat for Sunrise. Our expert guide will explain some of the finer details, as well as Angkor Wat the greatest surviving architectural monuments in Asia—the temples of the ancient city of Angkor. They represent the heart and soul of Cambodia and other nearby temples.

The lush forest around Angkor Wat temple Complex is equally rewarding for birding. Depending on the time of the year, we will aim to see Hainan Blue Flycatcher, White-throated Rock Thrush, Forest Wagtail, Oriental Pied-Hornbill, Red-breasted and Alexandrine Parakeet, Asian Barred Owlets, and Hill Mynas, Greater Flameback, Black-hooded Orioles and more.

Please note that locations for birding may be flexible depending on location of bird species and the number of tourist on the day. Back to Hotel in Siem.

Accommodation: The Aviary Hotel

Meals: Breakfast, Lunch



Day 3: Siem Reap (Explore Prek Toal)

We will visit Prek Toal Bird Sanctuary and Ramsar Site located within the Tonlé Sap Biosphere Reserve at the north-west corner of the Tonlé Sap, a huge lake fed by the mighty Mekong River. Prek Toal host the largest breeding colonies of big and glabally

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threatened waterbirds in Southeast Asia. Key bird species of global significance here: Spot billed Pelican, Milky Stork, Painted Stork, Lesser Adjutant, Greater Adjutant, Black headed Ibis, Grey headed Fish Eagle, and Oriental Darter,

We will return back to Siem Reap late in the afternoon.

Accommodation: The Aviary Hotel
Meals: Breakfast, Lunch



Day 4: Siem Reap (Explore Ang Trapaeng Thmor - Sarus Crane Reserve)

Today we will visit Sarus Crane Reserve. Leaving early in the morning we should arrive in about couple of hours. On the way we will stop at some fertile farmland and open fields looking for birds & wildlife. Sarus Crane are often seen feeding here in the fields and other birds like Black-browed, Oriental Reed Warbler, Cinnamon, Yellow and Black Bittern can sometimes be found in this area. We will take a break here for breakfast.

Once arrived, we will explore the reservoir and surrounding grassland as well as small pocket of deciduous dipterocarp forest looking for more Sarus Cranes and hopefully we might see critically endangered Eld's Deer here. If time permits we will try to explore the dry woodland and try to find the roosting trees for owl species like Spotted Wood Owl, Asian Barred Owllet, Spotted Owllet. Other key birds seen are Comb Duck, Pheasant-Tailed and Bronze-winged Jacana, White-throated Kingfisher, Grey-headed Swamphen, Lesser Whistling Duck and Cotton Pygmy Goose and more. We will

then visit Phnom Srok Village to see unique silk item being created. May we buy them and support local economy a bit.

In between we will enjoy our lunch at the bird station. Late in the afternoon we will be back to our hotel in Siem Reap.

Accommodation: The Aviary Hotel
Meals: Breakfast, Lunch

Day 5: Siem Reap - Bengal Florican Conservation Area & Thmat Boey

This morning we will leave Siem Reap behind and drive Thmat Boey to sight the most critically endangered species: The Giant Ibis and the White shouldered Ibis.

En-route to Thmat Boey, we will visit Bengal Florican Conservation Area, one of the most important breeding grounds for Bengal Florican, which is critically endangered with the world population estimated at only 1000 -2000 birds.

A prepared breakfast will be served when we arrive at the site. We will explore surrounding. Our guides have a very good track record of finding these Critically Endangered birds, the first of the six targets, they should be seen within the first few hours of the trip. Whilst we are enjoying the floricans, other birds we typically see include Sarus Crane, storks, Manchurian Reed Warbler, Pied and Eastern Marsh Harrier, Small Buttonquail, Bluethroat, Pallas's Grasshopper Warbler, Marsh Harrier, Pied Harrier and Red Avadavat.



We will continue travelling to the Thmat Boey. On the way we will stop for lunch. Birding in dry forest along the way is equally productive. White-rumped Pygmy

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Falcons are often sighted. Arrive at Tmat Boey we check-in to the Tmat Boey Ecolodge which is located within Kulen Promtep Wildlife Sanctuary. Established by the Ministry of Environment and the Wildlife Conservation Society's Cambodia Program, this area is the flagship site for a unique project aimed at linking wildlife tourism, conservation and development within the community to help preserve. After we are settled in, we may get a chance to see our second Critically Endangered species in the evening, as we try to see the White-shouldered Ibis at a roosting site.

Accommodation: Eco Lodge/Conservation Site
Meals: Breakfast, Lunch, Dinner



Day 6: Full Day in Thmat Boey

04:30 ~ 18:00 – Wake up to search for the Giant Ibis and the White shouldered Ibis followed by a full day of birding.

Consequently, our guides have a 100% record of finding these species for visiting birders! We will try to get good views of both species during the time we spend here.

Tmat Boey also supports an incredible 16 species of woodpecker including the fantastic Black-headed Woodpecker, the huge Great Slaty Woodpecker and the scarce Rufous-bellied Woodpecker. Our guides know where to find these and all of the dry forest specialties such as Indian Spotted Eagle, White-rumped Pygmy Falcon, Collared Falconet, Rufous-winged Buzzard, Indochinese Bushlark, Brown Prinia, Neglected Nuthatch and White-browed Fantail at this or nearby sites.

We also explore the eastern part of the village at the Tmatboey River. Pale-capped Pigeon may be found, Blue-bearded Bee eater, Orange-Breasted Trogon, Banded-Bay Cuckoo and Stork-billed Kingfisher and many more species that can be seen here. Indochinese Ground Squirrel, Cambodian Striped Squirrel and Northern Tree Shrew may sometimes seen around edge area.

Today and the following morning are very flexible as we rely on trained local guides to give us up-to-date information on key species sighting location and we move on accordingly. Prepared breakfast and lunch will be provided at the birding sites. Hot dinner at the Eco-lodge in the evening. In the evenings and night time your guide will provide you an opportunity searching for Savanna Nightjar, Oriental Scops Owl and Collared Scop's Owl.

Accommodation: Eco Lodge/Conservation Site
Meal: Breakfast, Lunch, Dinner

Day 7: Thmat Boey - Kampong Thom (Explore Sambor Prei Kuk)

After early breakfast, we will explore the surrounding habitats concentrating on anything that we have not seen during our previous excursions.

After lunch we travel to Kampong Thom, it will take 2.5 hours to reach there. Kampong Thom is the capital of Kampong Thom Province in Cambodia. Nevertheless, it is a pleasant and relaxed place and a good starting point for exploring the countryside and the temples of Sambor Prei Kuk and the surrounding shady forest habitats that hold significant birds of our interest.

Temple Zone of Sambor Prei Kuk, Archaeological Site of Ancient Ishanapura:

The archaeological site of Sambor Prei Kuk, "the temple in the richness of the forest" in the Khmer language, has been identified as Ishanapura, the capital of the Chenla Empire that flourished in the late 6th and early 7th centuries AD. The property comprises more than a hundred temples, ten of which are octagonal, unique specimens of their genre in South-East Asia. Decorated sandstone elements in the

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site are characteristic of the pre-Angkor decorative idiom, known as the Sambor Prei Kuk Style. Some of these elements, including lintels, pediments and colonnades, are true masterpieces. The art and architecture developed here became models for other parts of the region and lay the ground for the unique Khmer style of the Angkor period. Unlike Angkor, the temples are constructed from brick and sandstone. The complex consists of three main groups: central group, south group, north group, all covered by shady forest. A 1,000-acre site with 150 Hindu temples (today mostly in ruins). In 2017 it was listed on the UNESCO World Heritage List.

Arrive in Kampong Thom we continue to Sambor Prei Kuk It's an approximately 45 min drive to get their through nice scenery and small villages with friendly inhabitants. We will explore this site for couple hours. Streak-eared Bulbul, Asian-barred Owlet, Common Flameback, Oriental Pied Hornbill, Forest Wagtail are common visitors to this site. We will return to Kampong Thom for Dinner & Overnight.

Accommodation: Eco Lodge/Conservation Site

Meals: Breakfast, Lunch, Dinner

Day 8: Kampong Thom - Kratie

This morning before leaving for our next destination we will explore nearby grassland habitat where we hope to see Red-throated Pipit, Pallas's Grasshopper Warbler and, if we are lucky, the Critically Endangered Yellow-breasted Bunting. Oriental and Black-browed Reed Warbler are also local visitors here. Mekong Wagtail, Asian Golden Weaver, Yellow-breasted Bunting, Watercock, Ruddy-breasted Crake, White-browed Crake, Black-browed & Oriental Reed Warblers, Streaked & Baya Weavers, Red-throated Pipit, Zitting & Golden-headed Cisticolas.

We will be back to our hotel for checkout and continue driving to Kratie. We will have lunch on the way. We hope to arrive Kratie on time to checkin to our hotel, bit of rest & refresment and go out birding around the rice fields in the late afternoon. Here we will try to find the endemic Cambodian Tailorbird and other birds include Asian Golden Weaver, Red-throated Pipit and a variety of birds typical of lowland agriculture land. Back to Hotel for Dinner & overnight.

Kratie town lies on the banks of the Mekong River. The town includes big islands with white sand beaches within the Mekong. The stretch of river north of the city is home to a group of rare Irrawaddy dolphins. A survey conducted in 2007 by Cambodian



Mekong Dolphin Conservation Project (CMDCP), a collaborative project between WWF, World Conservation Society, Fisheries Administration and Cambodian Rural Development Team (CRDT), estimated that there are between 66 and 86 dolphins left in the upper Cambodian Mekong area.

Accommodation: Eco Lodge/Conservation Site

Meals: Breakfast, Lunch, Dinner

Day 9: Kratie - Keo Seima Wildlife Sanctuary

After breakfast we take a boat for a river cruise looking for the Mekong Wagtail and Irrawaddy Dolphi. These two rare species only occurs on islands on the Mekong and we are hopeful to find them. Other regularly seen are Small Pratincole, Grey-throated Martin and more.

After the boat trip we return to the hotel for check-out and drive to Keo Seima Wildlife Sanctuary. On the way, we will stop off for lunch at the local restaurant. Afternoon we will explore surrounding forest habitat looking for the beautiful & exotic Green Peafowl, Red-vented and Blue-eared Barbets, Tit Babbler, Golden-Crested Myna and other common species.

Accommodation: Eco Lodge/Conservation Site

Meals: Breakfast, Lunch

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Day 10-11: Sen Monorom (Explore Keo Seima Wildlife Sanctuary & Dakdam Highlight)

We have two full days to explore & experience the birds and mammals of this spectacular forest.

Keo Seima Wildlife Sanctuary is protected area of mixed seasonal tropical forest in eastern Cambodia, located in Monduliri and Kratié provinces. Mixed forest types and a range of elevation gives rise to a rich collection of biodiversity, both flora and fauna. A total of 959 plant, fungi, and animal species have been recorded in the area, the highest reported number for any Cambodian protected area. A total of 356 bird species have been recorded, exceeding the highest number recorded on any site in Cambodia and has one of the highest global diversities of any site.

Seven primate species are found in the protected area, including the vast majority of the world's population of the black-shanked douc langur, with an estimated 25,000 individuals. The next largest population, found in Vietnam, is only 500 individuals. A total of 1,432 southern yellow-cheeked crested gibbon are found in the evergreen and semi-evergreen forest areas, including the world's only habituated groups of this species, at Jahoo Gibbon Camp and not forget the Northern Pig-tailed and Long-tailed Macaque are also found here.

Significant threatened ungulate populations are present, including Eld's deer, sambar deer, banteng, and the largest living wild bovid, the gaur.

We aim to see the Orange-necked Partridge, a species which went missing for much of the last century, only to be rediscovered in the 1990s. We have a moderate success rate with this species but there are many other spectacular species to keep our interest during our time here including Green Peafowl, German's Peacock Pheasant, Red-vented Barbet, Scaly-breasted Partridge and Pale-headed Woodpecker, all of which have been seen on the trails close to the station.

Cambodia may be the best place in the world for woodpeckers. The largest woodpecker in the world, the great Slaty can be seen at forested sites throughout the trip and is particularly easy to see in

Seima. We will also aim to see White-bellied, Laced, Heart-spotted and Black-and-buff Woodpeckers here. We will make a special effort to see out fruiting trees because these often hold in hill and Golden-crested Myna as well as range of barbets, pigeons and hornbills.

Dak Dam Highlands located in the south-eastern corner of Cambodia on the Sen Monorom plateau at an altitude of over 800 meters is equally productive in sighting highland species like Mountain Imperial Pigeon, Pin-tailed Green Pigeon, Pale-capped Pigeon, Indochinese Barbet, Ashy Bulbuls, Silver-eared Mesia, White-cheeked and White-crested Laughingthrush, and Blackthroated Sunbird.

Accommodation: Nature Lodge

Meals: Breakfast, Lunch



Day 12: Sen Monorom - Phnom Penh (Explore Tailor Bird Habitat)

After the last morning of birding at Seima, we will move on to Phnom Penh. We will make a stop along the way to locate the newly discovered species of Cambodian tailor-bird. A must-see for any birder in Cambodia. This distinctive species was first described in 2012. It occurs only in floodplain wetlands where the mighty Mekong meets the Tonle Sap and Bassac rivers. The ancient Khmers knew this area as Chaktomuk, literally "four faces," referring to the confluence of these rivers and giving the tailorbird its scientific name, *Orthotomus chaktomuk*. We will arrive late in the afternoon in Phnom Penh. Upon arrival in the capital, we will check-in to our hotel for Dinner & overnight stay.

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Accommodation: Frangipani Royal Palace

Meals: Breakfast, Lunch

Day 13: Phnom Penh Cultural | Historical Highlights (Cyclo Tour & S-21 - Royal Palace - Shopping & Sunset Cruise Retreat)

We enjoy a Cyclo tour around Phnom Penh's key sites, such as Wat Phnom, the National Library, the Central Market, the National Museum, Independence Monument and, of course, the Royal Palace as well as the Silver Pagoda.

We'll continue our tour at the The Royal Palace complex and attached 'Silver Pagoda' compound consist of several buildings, structures and gardens all located within 500x800 metre walled grounds overlooking a riverfront park. Marking the approach to the Palace, the high sculpted wall and golden spired Chanchhaya Pavilion stand distinctively against the river front skyline. Inside the Palace grounds, street sounds are silenced by the high walls and the various Royal buildings sit like ornate islands rising from the tranquil, manicured tropical gardens. The silver pagoda is often called the Pagoda of the Emerald Buddha or Wat Preah Kaew.

In the afternoon, we will visit the infamous Tuol Sleng museum (S-21), where you can learn about the turbulent recent history of Cambodia. You will also enjoy shopping at a local market.

At 4:30pm, you will get pickup from the hotel to enjoy a lovely sunset cruise down the Mekong.

We will go out for Dinner at a local restaurant.



Accommodation: Frangipani Royal Palace

Meals: Breakfast, Dinner

Day 14: Depart Phnom Penh

Our Tour Ends here today!!

Free morning today until we leave for the airport and in the afternoon, we'll pack our bags and get pickup from the hotel to the airport with plenty of time before your departing flight back home.

Meal: Breakfast

Includes

- Airport (pick up/drop off) transfers by private A/C vehicle
- Accommodation as mentioned in hotel/eco lodge/conservation site
- Meals as mentioned in the itinerary (13 breakfasts, 11 lunches, 5 dinners)
- Excursions as mentioned
- All entrance fees (for excursions as mentioned)
- Transportation in a private A/C vehicle (cars/SUVs or mini/micro-van etc. depending on group size). This includes toll taxes, parking, allowance for the driver, outstation overnight charges for the driver
- Local assistance (advice, recommendations, help with problems) throughout
- An English-speaking professional guide
- Bottled water
- Local taxes

Excludes

- International flight tickets
- Visa fees
- Travel insurance & vaccinations
- Meals not mentioned in the itinerary
- Personal clothing and equipment
- Tips for trip leader/guide, driver, hotel staff, and porters
- Items of personal nature such as alcoholic beverages, soft drinks, laundry, telephone calls and other unforeseen expenses
- Items/services not listed in the "included"
- Compulsory gala dinner on Christmas or New Year (if applicable)

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- Extra expenses/payment for 'Optional' activities/programs if participated

Accommodation

The Aviary Hotel, Siem Reap

Set in the heart of Siem Reap town, The Aviary Hotel is a sophisticated urban oasis that has been inspired by nature and Cambodia's rich heritage of traditional crafts. Our 43-room eco-friendly hotel is luxurious, welcoming & personal. We offer thoughtfully designed, quality accommodation in a modern environment with a uniquely Cambodian twist.

Nature Lodge, Sen Monorom

Nature Lodge is a family-friendly highland resort featuring accommodations submerged in a lusciously green setting. The hotel is a social enterprise, providing vocational training & safe employment opportunities to locals from various backgrounds. We invite you to visit our Eco-friendly, bungalow resort, enjoy a swim, local coffee & nature while exploring Mondulkiri's highlands.



Frangipani Royal Palace Hotel, Phnom Penh

Inspired by the colonial style and the charm of local hospitality, our hotel is a perfect choice for esteemed travelers. Walking distance to the Royal Palace and the Riverside, the hotel combines a seamless country exploration. Venture out with the iconic tuk-tuk or wander on foot to the local neighborhood, adore all this city could offer.

Group/Individual

On this trip you will be traveling privately with your

family & friends. Our representative/tour partner will look after your transfers to and from the airport and will be around to answer other questions you may have about your trip.

Accommodation - Hotel, Resort

Your accommodation has been selected for convenience of location, comfort or character, and can range from a business hotel in one city to a fine heritage hotel in another or a family-run guesthouse or lodges in a smaller town. Accommodation in remote areas tend to be basic and may not have western amenities.

Single Accommodation

Single (room) supplements are provided on request (single supplement charge applies) and are subject to availability.

Food & Transport

Daily breakfast, 11 lunches and 5 dinners are included.

Food is cheap in Cambodia and you can generally avoid the spicier dishes if you wish. Cambodian food is all about contrasts: sweet and bitter, salty and sour, fresh and cooked. It shares many dishes with its neighbors, and you'll find noodle soup similar to Vietnamese pho, the refreshing salads and sour soups of Thailand, Indian-inspired curries, and noodles and stir fries handed down from years of Chinese migration. From Cambodia's days as a French Indochina colony, there's a national love of coffee, pâté, and good bread. Baguettes are served with soup, made into sandwiches, and sold by men riding bicycles carrying baskets of long loaves. Western food is also available in most of the places visited.

Weather

The weather will be hot and humid throughout with daytime temperatures usually 28C-34C (82F-93F). It is only a little cooler at nights. The dry season is late October to May and the monsoon is normally between May and October; though there is an obvious transitional time between those settled periods. The

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dry season has hot days and generally clear skies, though you can expect the odd shower. The monsoon is characterised by short, sharp bursts of rain and is generally overcast all day though this does not detract from the enjoyment of the place; you just need to take an umbrella or buy a cheap poncho locally.

Baggage Allowance

The standard baggage weight limit on international flights (generally from Europe) is one checked baggage of 25kg (55lb) and hand baggage 7kg (15lbs). But if your journey involves domestic connecting flights weight limit can be limited/restricted. We recommend packing only one piece of checked baggage. Luggage allowances for both hand and checked luggage are subject to change, we suggest you check the airline's website for the latest information prior to your departure or purchasing your flight tickets.

ESSENTIAL/PRACTICAL INFORMATION

Passport & Visas

All nationalities require a full passport that must be valid for 6 months beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, in accordance with the regulations of the country you are to visit. The information below is primarily for EU passport holders, and other nationalities should check with the relevant embassies. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

Visas are required to enter Cambodia if you are German and for most other nationalities. Visa information/regulation might change; therefore, for the latest information on applying for a visa please follow these links for more information.

An electronic visa (e-Visa) is also available and you can find further information on this link: www.evisa.gov.kh. Please note, e-Visas are not accepted at all border checkpoints when travelling overland.

Please note: Visa regulations can change without notice, therefore please check the current regulations or contact us.

Vaccination & Health

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad and enjoy holidays to the fullest.

There are no required vaccinations. However, recommended vaccinations include hepatitis A, tetanus, typhoid, cholera, hepatitis B, Japanese encephalitis, rabies and tuberculosis. You will also need a yellow fever vaccination certificate if you're arriving from a country with risk of yellow fever transmission or transiting for more than 12 hours through a country with risk of yellow fever transmission. Please confirm your vaccine recommendations and requirements with your doctor or travel clinic.

Dengue fever, a tropical viral disease spread by daytime biting mosquitoes, is a known risk in places visited. There is currently no vaccine or prophylaxis available, so take the usual precautions to avoid mosquito bites.

Local Time

GMT/UTC + 6:30 hours.

Electricity

230 volts AC, 50 Hz. There are three plug types in Cambodia - A, C and G. Plug type A is the plug which has two flat parallel pins, type C plug has two round pins and plug type G is with three rectangular pins, in a triangular pattern. There are recharging facilities at most of the hotels, the electricity supply is not 100% reliable.

ATM | Credit Cards

ATMs are available in Phnom Penh, Siem Reap and in some other major towns. While using ATM please be mindful of your surroundings.

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Not all ATMs and banks accept foreign debit and credit cards. Check with your bank before you leave. Credit cards are not widely accepted, but some hotels and businesses in larger cities will accept them.

The US dollar is the main currency in Cambodia but the Cambodian Riel is becoming more widely used. Change of less than \$10 will generally be given in Riel at a rate of around 4000 Riels/US\$1.

Extra Expenses & Spending Money

You will need to bring some extra money to cover drinks, laundry, souvenirs and any other personal expense, plus any additional sightseeing that may be offered to you. Though it totally depends on individual but generally an approximate (rough estimate) amount of Euro 180 (US\$200) per person, per week should be sufficient (more if you enjoy a few beers); however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount. Or if you are the one frugal with money probably allocating less would also suffice.

Optional Tours may be offered in some city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each optional tour/activity will be arranged locally by our local partner/guide, participation and tipping for optional excursions is completely at your discretion.

Tipping

Generally tipping is not expected in Cambodia, but it's always appreciated. If you are happy with the service, you are welcome to tip. This will include tips for drivers, porters and other hotel staff, local sightseeing guides/escort.

Itinerary Change

In case of some unusual events/incidents the order of programs (sightseeing, excursions etc.) might have to

change in order to accommodate the local situations. In these circumstances we will make the best possible arrangements while maintaining the overall integrity of your trip.

The domestic airlines (if your itinerary involves) may change their schedule frequently and, in such cases, our local partner/guide will inform you about the changes.

Travel Insurance

We highly recommend to choose/get an insurance plan/policy that covers your needs. And please make sure to keep/carry a hard-copy of your travel insurance documents on your person while on tour. It's prudent to check thoroughly the inclusions and procedure to file claims prior to purchasing insurance coverage. *travel-to-nature Asia* will not be responsible for any costs incurred by you due to your failure to purchase appropriate travel insurance from the date of booking.

Important Information

On all guided trips although our leaders/guides are well trained to deal with different capabilities, if they have any concerns about someone's ability to safely partake in an activity, or their impact on other people's enjoyment, we authorize them to take necessary action which, in some circumstances, may involve asking someone to miss that activity.
